



Percutaneous Electrode Protocol



Treatment SetUp

1. Determine B or E set electrodes for pain condition (B-set = 2 locations of pain, E-set = 1 location of pain)
2. Palpate to find center of pain location
3. Mark skin with Sharpie marker over center of each pain site
4. Clean skin with alcohol prep
5. Gently peel electrode from protective cup
6. Place electrode centered over Sharpie mark
7. Insert percutaneous electrodes through skin; press 3X applying 10 lbs of force perpendicular to the back of the electrode as follows:
 1. Use two thumbs next to each other in center of electrode
 2. Use two thumbs at 12 o'clock and 6 o'clock over needle array
 3. Use two thumbs at 9 o'clock and 3 o'clock over needle array
8. Connect leadwire cable to percutaneous electrodes and stimulator
9. Turn stimulator on
10. Stimulator may sit on counter or sideways on patient's lap so cable exits to the side
11. Patient controls the intensity and their own comfort level by pressing the PLUS button
12. No Programming
13. Total set-up time is about 3 minutes

Operation of the Device

14. Patient begins treatment by pressing PLUS button
15. Patient should continue to advance intensity to keep sensation strong during entire 30 minute treatment
16. During treatment intensity level patient reaches is about half the level reached with non invasive electrodes
17. As hypoesthesia develops in first 5 minutes, initial sharper sensation is masked and treatment becomes even more comfortable

End of Treatment

18. Gently peel electrodes off of skin
19. Place needle side of electrodes together and dispose of in Sharps Disposal
20. 1.5" diameter pink circle with 1014 dimple marks will appear at treatment site
21. 50% of patients have several tiny drops of blood present
22. Clean skin with an alcohol prep or with a sterile gauze pad - no dressing is necessary
23. Pink circle resolves typically within 24 hours